



PARTNER WITH US

Partnering with "Breath, Beats & Belonging" is vital for supporting resilience within our diverse community during challenging times. By collaborating with us, you help create a sanctuary where individuals can connect, recharge, and heal together. Your support amplifies our collective voice and enhances our ability to provide essential resources for those facing systemic barriers. Together, we can cultivate compassion, empowerment, and joy, transforming our community into a space of refuge and hope.

GIVING BACK TO THE COMMUNITY

One hundred percent of the proceeds from these events will benefit nonprofit organizations committed to serving immigrant communities, ensuring that our efforts extend beyond the mat and into transformative action.



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BREATH, BEATS & BELONGING

Welcome to "Breath, Beats & Belonging," a transformative series dedicated to creating inclusive, healing spaces amidst the pressures of systemic oppression. Each week, we gather to explore diverse practices such as soundbaths, restorative yoga for race-based trauma, Reiki, meditation, and breathwork. Our aim is to provide a refuge, a place where strength and joy are reclaimed through community and culture.

SEEKING PARTNERSHIPS FOR

DONATED SPACE



PROMO SUPPORT



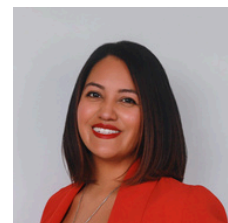
COLLABS



RESOURCE SHARING



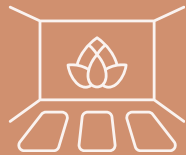
As a first-generation daughter of immigrants from Ecuador and Nicaragua, I am deeply committed to supporting the immigrant community through Luna Serenity. With over 13 years of experience guiding individuals in practices such as sacred cacao, sound healing, meditation, yoga, and breathwork, I have helped over a thousand people reconnect and reclaim their ancestral roots. My extensive training includes a 500-hour yoga certification and expertise in Reiki and sound healing to lead this transformative series.



DONATED SPACES



Event Spaces



Yoga Studios



Corporate Spaces



Art Studios



Multipurpose Rooms

PROMO SUPPORT



Social Media



Blog



Advertising Space



Word of mouth



Newsletter

INTERESTED IN COLLABORATING?

- Co-Hosted Events
- Guest Instructor
- Themed series collaborations (Stress management, cultural healing, etc.)

HAVE RESOURCES THAT CAN BE SHARED?

- Content Creation (educational content, resources for the community)
- Podcast features
- Expertise
- Equipment
- Access to networks
- Financial Support or Sponsorships

PLANNED WELLNESS SESSIONS

Restorative Yoga for Race Based Trauma

Gentle, nurturing practice that helps individuals process and heal from the emotional and physical stress associated with racial discrimination and oppression, fostering resilience and personal empowerment.

Soundbath & Reiki Sessions

Combines healing sound vibrations and energy work to promote deep relaxation, balance, and rejuvenation, allowing participants to release tension and restore their inner harmony.

Latine Yoga Celebration| Bad Bunny

Yoga experience that intertwines mindful movement and breath with the rhythms of Bad Bunny's music, creating a joyful sanctuary for participants to celebrate culture, reclaim their joy, and connect deeply with themselves and the community.

Meditation and Breathwork

Intentional breathing techniques and mindfulness practices, cultivating inner peace, stress reduction, and enhanced awareness to help individuals connect with their true selves.